



www.southboroughtown.com/recreation/recreation.htm
 21 Highland Street, Southborough Ma 01772
 508-229-4452

**Southborough Recreation presents
 Recreation After-school Programs (RAP)
 WINTER 2009
 Feb 2nd - March 20th**

MONDAY (No class 2/16)	TUESDAY (No class 2/17)	WEDNESDAY (No class 2/18)	THURSDAY (No class 2/19)	FRIDAY (No class 2/20)
Robot Racing 6 classes \$66 (held at Trottier)	Cooking w/Superfoods 6 classes \$86 (1.5 hr class)	Indoor Sports & Games w/ Mrs. Nash 6 classes \$66	Dance w/ Mr. LaChance 6 classes \$66	Girl's Softball 6 classes \$81 (1.5 hr Class)
Cheerleading 6 classes \$66		Cooking w/Superfoods 6 classes \$86 (1.5 hr class)		Yo-Yo Jam 6 classes \$76
		Knitting 6 classes \$76 (Class ends at 3:45pm)		

LOCATION: NEARY SCHOOL

TIME: 2:25 - 3:30pm Students report to Recreation Monitor in Gym at 2:25school dismissal.

Parent pick-up and sign-out in main lobby at 3:30pm (note exceptions in course descriptions).

REGISTRATION & PAYMENT: Registration starts TODAY! Register NOW!

- **On-Line:** WEBSITE www.southboroughtown.com/recreation/recreation.htm Credit Cards accepted on-line only.
- **Mail / Walk-In :** Southborough Recreation, 21 Highland Street. Office Hours are 9:30am – 4:30pm. Town House and Recreation Office Mailboxes available for registration drop off all day and night. **Make Checks payable to Southborough Recreation (Separate checks needed for each child and class to avoid re-issuing checks later if a class is filled or cancelled).**
- **DEADLINE:** On-line Registration closes **JAN 29th** . Registrations will be accepted after that date by **WALK-IN ONLY.** (No late fees and no prorating of classes).

• **DO NOT SEND REGISTRATIONS TO THE SCHOOL!!!**

REFUNDS:

- **NO REFUNDS ONCE YOU HAVE RECEIVED CONFIRMATION.** If a class is cancelled or is already filled your payment will be re-instated to you.
- Changes after registrations are received must be submitted in writing (E-mail preferred).

CONFIRMATION:

- You will receive an E-mail confirmation of your child's enrollment in the class. HOWEVER, this does not mean the class is running. If minimum enrollments have not been met, the class will be cancelled. An attempt will be made by this office to contact you, BUT, it is ultimately your responsibility to check the Website to verify if the class is running.



Send a note to your child's teacher on the first day of RAP class!
 Send a snack (peanut-free) with your child for RAP class!!!!



RAP POLICIES:

Administration of Medication: RAP Staff is not permitted to carry or dispense any type of medication.

Financial Aid: Available upon request on a limited basis for programs taught by Recreation Staff only. Not available for Contracted Programs (where an outside vendor is employed), Field Trips, and Special Events. Requests must be submitted in writing on forms provided from this office.

Program Cancellations:

RAP classes WILL BE CANCELLED WHEN THE SCHOOL IS CLOSED for:

- **Holidays, professional development days and half days.** These classes will not be made up and program costs have been adjusted accordingly.
- **Weather emergencies (such as snow).** You must verify by checking our **WEBSITE** or calling our emergency number at 508-485-0710, PRESS 8. We will not notify you. These classes will be made up.
- **Instructor absence and other unforeseen emergencies.** We will notify you by E-mail or phone. These classes will be made up.

RAP classes WILL NOT BE CANCELLED for:

- **Rain.** Classes will be moved indoors.



RAP classes MAY OR MAY NOT BE CANCELLED for:

- **Conflicting School Activities** (field trips etc.). These classes may or may not be re-scheduled. Decisions will be made at the discretion of this office, based on how all participants are affected.

Make-up Classes:

- Classes will be made up where necessary in the successive week or weeks following RAP on their regularly scheduled day and time. If necessary, additional hours may also be added to classes for make-ups. **We will notify you by attempting to contact you and posting these classes on our WEBSITE.**

Refunds: NO REFUNDS! NO CREDITS! NO EXCEPTIONS! Once you have received your enrollment confirmation, resources have been committed and allocated. It is for this reason that we adhere to a strict no refund policy.

If the class is cancelled due to low enrollment, or the course requested is already filled, your payments will be reinstated.

Medical issue: Possible reimbursement will be determined on a case by case basis (doctor's note required).

Substitute Instructors: Southborough Recreation reserves the right to provide a substitute instructor if an instructor is unable to fulfill their commitment with no refunds given for these classes.

Student Behavior: Students are expected to show respect for one another, instructors, the classroom and materials. In the event of a student discipline problem, the student will receive a warning from the instructor. If the student does not correct the behavior, the student will be sent to the Monitor and the parent will be called. The Program Coordinator will also be notified. If the problem continues to recur, the student will be withdrawn from class with no refund.

Check WEBSITE regularly at www.southboroughtown.com/recreation/recreation.htm
for up to the minute program changes and
notifications!!!



or

If not posted on Website

E-mail pfagan@southboroughma.com

Call Paula Fagan in the Recreation Office, at 508-229-4452





Read Class Descriptions for Exceptions and Full Course Information !!!

Cheerleading

(Minimum 6 - Maximum 12 Participants)

Our cheerleading program will teach the basic skills of cheerleading, including proper arm motions and placement as well as jump techniques, cheers, stunts, and dances. At the end of the program the children will present a short routine to parents and friends. This is a fun exciting class! Pom- Poms included!

Instructor: *Kara Johnston, Pop Warner Cheerleading Coach*

Cooking Healthy w/Superfoods !!!New!!!

(Minimum 6 - Maximum 12 Participants)

Get cooking!!! If you love to cook this class is for you! This class will introduce you to nutritious and delicious meals, snacks, and desserts that you can delight family and friends with. We will be preparing recipes using some of the 14 superfoods to enhance the nutritional value of each recipe. **Each class will be 1.5 hours to allow for cooking times. Parent pick- up is at 4:00pm.**

Instructor: *Sabine St. Pierre, Former Neary Teacher and Owner of Sabine's Cuisine*

Creative Dance with Mr. LaChance

(Minimum 8- Maximum 30 participants)

This class will consist of a variety of rhythmic and multicultural dances for both boys and girls. It will include country, hip hop, creative movement, break dance, and several ethnic dances from around the world (bamboo, wands, scarves, jump ropes, balls, hoops will also be used as manipulatives). This is creative dance at its most fun. Experience the joys of dance for fitness fun.

Instructor: *Ray LaChance, Retired Neary Teacher*

Indoor Games & Sports w/ Mrs. Nash

(Minimum 5 - Maximum 20 Participants)

In this fun and exciting class we will be playing different indoor games and sports, such as Hideout, Indoor Kickball, Volleyball, Badminton, Pillo Polo, Pinball and other Project Adventure challenges. This is a great way to spend some fun time with friends at the end of the school day.

Instructor: *Missy Nash, Neary P.E. Teacher*

Knitting Klub

(Minimum 6- Maximum 8 participants)

Learn the basics of knitting as you sit and socialize with friends. Knit a scarf and other items for yourself or as a gift for someone else . This is a great, fun and relaxing hobby to learn!!!! **This class will end at 3:45pm.**

Instructor: *Jan Jordan, Teacher*

Robot Racing

(Minimum 5 - Maximum 10 Participants)

Students will learn about mechanics, wiring, assembly, software programming and teamwork as they work to build the fastest robots to race through obstacle courses against each other. Students will develop critical thinking skills and a sense of achievement and self-confidence. The skills they develop will help advance them to the High School Robotics team and in their courses of study. **This class will be held at Trottier and students will be escorted by the Monitor to Trottier. Parent-pick-up is at Trottier in the gym lobby at 3:50pm.**

Instructor: *David Monroe*

Girls Softball All Skills Clinic:

(Minimum 5 - Maximum 20 Participants)

Girls softball has become one of the fastest growing sports at the youth, high school and college level. This is a fantastic way to enhance and/or learn new skills and have fun. The program is designed to reinforce basic skills as well as teach new skills and techniques. Players will receive instruction in all facets of the game as applicable to their personal ability. This program will focus on hitting, fielding and pitching. These skills will give you a head start in your preparation for the upcoming softball season. Come and join the fun! **These classes will be held at the Neary gym and pickup is at 4:00 in the main lobby.**

Instructor: *Keary LeClair, Trottier Teacher and Nationals Softball Coach*

YoYo Jam

(Minimum 5 - Maximum 10 Participants)

In addition to being a lot of fun, yoioing is a good hobby to have because it builds dexterity, develops better hand-eye coordination, builds muscle memory skills and creative problem solving. In addition, it is a fun and constructive way to relieve stress. Learn all the tricks including sleeper, around the world, rock the baby, breakaway, trapeze, ufo, siderocket and eiffel tower.

Instructor: *Raji Doddi, Summer Instructor*

RAP REGISTRATION FORM for Neary students

WINTER 2009

Feb 2nd - March 20th

- Students report to Recreation Monitor in School Gym at 2:25pm school dismissal
- Parent pick-up & Sign-out in Main lobby at 3:30pm (note exceptions in course descriptions)

Participant Information:

Participant Name _____ Bus # _____ Ext Day after RAP class: Y or N		
D/O/B _____ Grade _____ Teacher _____		
Address _____		
Emergency Contact _____		
Home # _____ Work # _____ Cell # _____		
Email _____		
Allergies/Medical Concerns/ Special Concerns/ List any information that is important to our staff when working with your child (attach additional sheet if necessary) _____		

Circle your desired class in the appropriate box:
Location: Neary School

MONDAY (No class 2/16)	TUESDAY (No class 2/17)	WEDNESDAY (No class 2/18)	THURSDAY (No class 2/19)	FRIDAY (No class 2/20)
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		Knitting 6 classes \$76 (Class ends at 3:45pm)		

- Credit Card payment for On-line registration only
- Checks payable to Southborough Recreation
- Separate checks for each child and class to avoid re-issuing checks later if a class fills or cancels.

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy, in this brochure, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

✓ Signature Parent/Guardian _____ Date _____

For Office Use Only

Date Rcd. _____	Check # _____	Amount \$ _____
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