



"Recreation After-school Programs, RAP, are designed to provide the development of academic, social and physical skills for children in a fun and friendly environment"

It's a RAP!

RAP FALL 2 SCHEDULE at WW

MONDAY (No class 11/30)	TUESDAY (No class in gym 12/8)	WEDNESDAY (No class 11/11,11/25)	THURSDAY (No class 11/26)	FRIDAY (No class 11/27)
Martial Arts 5 classes \$67	Dodgeball w/ Ms. Goode (No class 12/8- gym not avail due to vote) 5 classes \$58	Beasties Character Drawing & Creations w/Mr. LaChance 4 classes \$51	Indoor Games w/Ms. Goode 5 classes \$58	Pillo-Polo w/ Ms. Goode 5 classes \$58
Drama 5 classes \$58	Beasties Character Drawing & Creations w/Mr. LaChance 6 classes \$74	Knitting Klub 4 classes \$56	Foods for Fitness From Sabine's Cuisine 5 classes \$68	Crafts for Kids 5 classes \$68
Science Sizzles 5 classes \$68			Math Games 5 classes \$63	

LOCATION: WOODWARD SCHOOL. Southborough Recreation provides these programs at the Woodward School.

DATES: NOV 9th to DEC 18th (6 Weeks)

TIME: 3:05-4:05pm Programs begin after school at 3:05pm. Students are escorted to the Recreation Monitor in the Cafeteria for attendance and then to class. Parent pick-up and sign-out is in the Cafeteria at 4:05pm.

CANCELLATION: Classes will be cancelled for unplanned emergencies such as instructor absence or snow and will be made up after the scheduled conclusion of RAP on their usual day and time, unless otherwise notified.

REGISTRATION:

- **ON-LINE:** Credit Card, additional fee applies (6.5%), Website address at the bottom of this page
- **MAIL OR WALK-IN:** Southborough Recreation, 21 Highland Street. Office Hours are 8:30am - 4:30pm. Drop off registrations day/night in Mailbox on Recreation Office front door or Green Mailbox at Town House entrance.
- **CHECKS:** Payable to Southborough Recreation. Separate checks needed for each child and class to avoid re-issuing checks later if a class fills or cancels.
- **DEADLINE!!! BY NOV 5th!!! On-line Registration closes NOV 5th. Registrations will ONLY be accepted after that date by Walk-in only with a \$10 late fee.**
- **DO NOT SEND REGISTRATIONS TO THE SCHOOL!!!**

REFUNDS: NO REFUNDS. A credit may be applied ONLY to another class of FALL RAP 2009 that is available. Payment will ONLY be re-instated to you if the initial class you chose is cancelled or filled. All changes after registrations are received must be submitted in writing (E-mail preferred).

CONFIRMATION: By E-MAIL. You will receive an E-mail confirmation of your child's enrollment in the class, however, this does not mean the class is running. An attempt will be made by this office to notify you if minimum enrollments have not been met and the class is cancelled. You should also check the Website to verify if the class is running.



Check your E-MAIL regularly for PROGRAM ALERTS!!!





Read Class Descriptions for Exceptions and Full Course Information !!!

"Beasties" - Character Drawings and Creations w/ Mr. LaChance

(Minimum 6 - Maximum 23 participants)

This class will allow your child to explore their creative side through the development of the "Beastie" characters. "Beasties" are popular dinosaur like characters and other creations invented and introduced to Southborough school children by retired Neary teacher Ray LaChance. The class will entail idea development, sketching, creating unique characters, and developing a story theme. Add to or start your "Beastie" collection today!!!

Instructor: *Ray LaChance, Retired Neary Teacher*

Crafts for Kids

(Minimum 6 - Maximum 12 participants)

This class will involve the use of various materials, such as clay, paints and paper works to make beautiful and useful crafts. Join your friends and relax and have fun while you create beautiful works of art!

Instructor: *Jan Jordan, Teacher Marlborough School Teacher*

Dodgeball

(Minimum 10-Maximum 30 participants)

Soft foam balls are used to test your skill at outmaneuvering your opponent. Students will learn about safety, proper throwing techniques, and strategies of the sport. Different dodge ball games will be taught. Learn the skills and tricks to become the ultimate at dodging the ball.

Instructor: *Tiffany Goode, Woodward PE Teacher*

Drama

(Minimum 6 - Maximum 10 participants)

This class will introduce students to the various elements involved in being on stage and in a performance. In a fun, relaxed environment students will learn stage presence, and how to perform on stage. Students will be performing a small skit at the end of the session for parents and friends. Students of all acting abilities are welcome and encouraged

Instructor: *Kelsey O'Hare, ARHS senior from Music and Drama Program*

Foods for Fitness

(Minimum 6 - Maximum 12 participants)

This class will introduce kids to nutritious and delicious recipes using some of the 14 superfoods so they learn to maximize their energy for the various activities they are involved in throughout the day. This is a great class to teach kids the value of healthy eating in a fun way that involves delicious (not boring) foods and will bring them a lifetime of healthy eating habits!

Instructor: *Sabine St. Pierre, Former Neary Teacher and Owner of Sabine's Cuisine*

Knitting Klub

(Minimum 6- Maximum 8 participants)

Learn the basics of knitting with your friends. Start on a scarf for yourself or as a gift for someone else and expand your skills from there. This is great fun that will allow you to start a project to continue at home. It's a great hobby to learn that will bring a lifetime of enjoyment as you delight yourself, family and friends with your talents!!!!

Instructor: *Jan Jordan, Teacher*

Martial Arts

(Minimum 10 - Maximum 15 participants)

Boys and girls will learn escape techniques, traps, blocks, and strikes in a controlled environment. Fun games develop strength and conditioning. The discipline and values taught in this class will impact other facets of your child's life including attitudes towards homework and other responsibilities, how they treat others and leadership skills, to name a few. Classes offered throughout the year to allow advancement into next level. Uniforms should be purchased directly from Instructor (\$35.00) during class, if child does not already own one.

Instructor: *Kwon-S Taekwondo of Marlborough*

Indoor Games

(Minimum 10 - Maximum 23 participants)

You'll be playing all different types of sports and tag games such as Noodle Hockey, Batman and Robin Tag, Cross My Ocean, Capture the Flag, and Jurassic Park, plus many more. Come have some fun, meet new friends, and get some great exercise!"

Instructor: *Tiffany Goode, Woodward P.E. Teacher*

Math Games

(Minimum 5 - Maximum 10 participants)

Math can be fun! This class will change the way you think about math. Learn math skills through the use of fun and interesting games. Each week will focus on a new skill: addition, subtraction, telling time, money, fractions, word problems, measurement and more.

Instructor: *Nehal Shah, Finn/Woodward Teacher*

Pillo Polo

(Minimum 10 - Maximum 30 participants)

Pillo Polo is Floor Hockey with soft sticks and a soft ball. The game is played with 6 players on each team. Students will rotate through the four positions of Goalie, Defenseman, Forward and Center. Each team is trying to score the ball into the opposing team's net. The rules of Pillo Polo will help students relate to Ice Hockey rules. Students will also learn sportsmanship and teamwork.

Instructor: *Tiffany Goode*

Science Sizzles

(Minimum 5 - Maximum 12 Participants)

In this class students will have fun conducting different experiments and creating things that will teach them about some of the basic rules of science. This is a fun way to get your child thinking about the world around them and get them interested in Science at an early age.

Instructor: *Nehal Shah, Finn/Woodward Teacher*



RAP REGISTRATION FORM for WW Students

RAP FALL 2 2009

NOV 9th - DEC 18th (6 Weeks)



Participant Information:

Participant Name : _____ Bus # : _____ Ext Day after RAP class: Y or N
 D/O/B _____ Grade: _____ Teacher : _____
 Address: _____
 Home Phone: _____ Work # _____ Cell # _____
 Email: _____
 Allergies/Medical Concerns/ Special Concerns/ List any information that may be helpful to our staff when working with your child (attach additional sheet if necessary): _____

Emergency Information:

Number where parent can be reached at all times: _____
 Other Emergency Contact Name _____ Phone# _____

Circle Desired Courses: WOODWARD

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Credit Card for on line registration only (6.5% fee). Checks payable to Southborough Recreation. Separate checks for each child and class to avoid re-issuing checks later if a class fills or cancels.



***Send a note to your child's teacher on first day of RAP class!!!
 Send a peanut-free snack with your child for RAP class!!!
 Check your E-MAILS and the WEBSITE regularly for ALERTS!!!***



STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy, in this brochure, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

✓ **Signature Parent/Guardian** _____ **Date** _____

For Office Use Only

Date Rcd. _____ Check # _____ Amount \$ _____

**Southborough Recreation 21 Highland Street
508-229-4452**

www.southboroughtown.com/recreation/recreation.htm