

ALGONQUIN TRACK & FIELD CAMP



CHOICE OF 2 WEEKS

MONDAY JUNE 14 - FRIDAY JUNE 18
5:00 – 8:00 PM

OR

MONDAY JUNE 21 - FRIDAY JUNE 25
5:00 - 8:00 PM

BOYS & GIRLS
AGES 6 - 14

REGISTRATIONS MUST BE RECEIVED BY
MAY 28, 2010

ARHS TRACK & FIELD CAMP

ONE CHILD PER APPLICATION

Parent's Last Name: _____ Parent's First Name: _____

Mailing Address: _____ City: _____ Zip Code: _____

Home Phone: (____) _____ Cell # (____) _____ E-Mail address: _____

Athlete's Last Name: _____ Athlete's First Name: _____

Date of Birth: _____ - _____ - _____ Gender: M / F

Choice of week: 1 _____ 2 FULL _____ T-SHIRT SIZE; YOUTH M L ADULT S M L XL

Cost for week \$95 - 1st child \$85 - 2nd child \$75 - 3rd child Family Max -\$255

ALL REGISTRATIONS MUST BE RECEIVED BY May 28, 2010

Make checks payable to: Algonquin Track Booster Club

Mail to: ARHS Track Booster Club
C/O Coach Boschetto
58 Pinehurst Ave.
Auburn, MA. 01501

Yes _____ No _____

All groups are set up by date of birth. There will be no changing of groups.

Medical Treatment Authorization

I hereby authorize the staff of Algonquin T& F Camp to provide medical care that includes routine medical treatment as necessary to my minor son/daughter.

Signature: _____ Date _____

Physical conditions that the staff should be aware of (allergies, recurring illnesses, disabilities, chronic illnesses, etc.) _____

Name of family physician: _____ Phone no. _____

Please indicate HMO PPO

Insurance company name and address _____

City _____ State _____ Zip _____

Policy subscribers name: _____

Emergency contact name _____ Phone No.: _____

Camp Staff: **Andy Boschetto:**
Head Track Coach Algonquin H. S.
Defensive Coordinator; Leominster Razorbacks, Semi-pro Football
Certified: Bigger Faster Stronger; Certified Throws Coach

Ken Morin
Sprint, Hurdle, & Relay Coach Algonquin H.S.
Head Soccer Coach - Grafton H.S.
Certified: Bigger, Faster, Stronger

Ray Lachance
Jumps Coach A. R. H. S.

Staff includes track coaches, past and present members of the Algonquin Track team.

ADULTS ARE REQUIRED TO PICK UP CAMPERS ON THE TRACK.

For more info call: Coach Andy Boschetto: (508)832-8580
Cell# (617) 571-9517
e-mail abcoach@verizon.net

Coach Ken Morin: (508) 460-8993
Cell# (774) 248-5266

Coach Ray LaChance: (5008)393-2530

DAILY SCHEDULE: **Please have campers arrive by 4:45 each night**

Monday thru Thursday 5 p.m. - 5:30 p.m. Warm-up and stretch

5:35 p.m. - 7:40 p.m. 22 minute stations including: throwing, jumping, running, and hurdling

7:40 p.m. -8:00 p.m. Cool down and stretch.

There are 10 events in total. An athlete will do 5 on Mon. & Weds. The other 5 on Tues. & Thurs.

Friday: 5:00 p. m. - 5:30 p. m. Warm-up and stretch

5:30 p. m. - 8:00 p. m. **TRACK MEET** (All athletes will compete in the events)

8:00 p. m. Award Ceremony DEMONSTRATION BY HIGH SCHOOL ATHLETES

CAMP WILL BE HELD AT ALGONQUIN HIGH SCHOOL
79 BARTLETT ST.
NORTHBORO, MA. 01532